

#### БФ "НАЗАРЕТ"

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NewYork, USA, SWIFT: WUCBUA2X, Beneficiary's bank: JSC "KREDOBANK", Lviv,

Ukraine,

SWIFT: WUCBUA2X, Beneficiary: Accu 2600101155575 name BF "NAZARET"

01.11.23. № 217

# the Union of Ukrainian Organizations in Australia

# **Project Report**

Glory to Jesus Christ!

We are delighted to provide you with a project report detailing the progress made within the framework of our collaborative charitable agreement, established to implement the project "Rehabilitation Assistance Program for Former Military and Their Families Affected by the Ongoing Armed Conflict in Ukraine."

Regrettably, the full-scale invasion has hindered our ability to implement the project entirely. Nonetheless, we have successfully accomplished the following tasks throughout the project.:

### 1. Qualitative indicators:

1) Survey of potential project beneficiaries.

We developed an online survey form, which was distributed in collaboration with Caritas Ukraine to our partner organizations. This survey was open for approximately one month and garnered participation from 56 individuals. We processed all the questionnaires submitted by potential project candidates. Among the participants:

- 6 veterans were ineligible for the project as they were still active military personnel during the project period;
- 13 veterans did not contact us;
- 14 veterans applied for rehabilitation from addiction, 13 of whom were accepted for rehabilitation at the RC Nazareth;
- 4 veterans no longer required assistance by the time we reached out to them;
- 9 veterans require medical treatment and medical equipment support. We are currently in the process of assessing the cost of their treatment and the urgency of their medical conditions;
- 1 veteran expressed a desire for educational support to pursue higher education. He had completed the 9th grade and wished to enroll in a correspondence program specializing in light/nuclear energy;
- 9 veterans approached us seeking psychological support through group meetings and individual therapy/consultations.
- 2) Establishment of a commission to review project candidates and project implementation.

In early June, we established a commission to assess project candidates, including members from Caritas Ukraine and the Nazareth team, namely: Dzvinka Chaikivska, Anatolii Kozak, Maryna Vorzheva, Odarka Bordun, Dmytro Kondratenko, Halyna Milevska, Ihor Kozankevych, Maryna Poturai, and Olena Biskup. Throughout the project's duration, the commission conducted a total of 7 online meetings.

## 3) Rehabilitation of addicted veterans.

During the project, 22 veterans used the rehabilitation services, and were provided with:

- 175 individual counseling sessions with a psychologist;
- 70 individual sessions with a psychiatrist;
- 206 therapeutic sessions ("Introductory Group," "Drug and Alcohol Cravings," "Building Assertiveness," "Anti-Relapse Strategies," and "Art Therapy.";
- 216 group sessions AA (Alcoholics Anonymous), NA (Narcotics Anonymous), GA (Gamblers Anonymous), as well as spiritual groups;
- 90 Divine Liturgies;
- 94 integration and recreational activities, including basketball, boxing, football, board games, billiards, bonfires, discos, and movie nights in our amateur cinema);
- 160 groups for non-smokers (the group is visited only by those who want to quit smoking);
- 22 individuals underwent ICD-10 diagnostics for addiction

Additionally, we conducted 20 therapy groups in Lviv and Drohobych for the family members and close associates of those struggling with addiction.

Project participants had the opportunity to participate in all the events we organized during this period. They joined the "Leader's School," which was conducted on the basis of our center by the Commission of Pastoral Sobriety of the UGCC. Received essential medical consultations and diagnostic procedures at the Metropolitan Andrey Sheptytsky Hospital. Joined 5 recreational camps organized by us in the village of Dovhe, which offered valuable moments of respite and relaxation. Joined the All-Ukrainian pilgrimage to Stradch, a significant event led by His Beatitude Sviatoslav. Participated in a three-day training "Sober Rest." Joined the kayaking on the Dniester.

#### 4) Professional Training.

Psychologists, social workers and counselors working with dependent military, took part in a seminar on the topic "Traumatic stress. Basics of First Psychological Aid. Fundamentals of Stabilization and Self-Regulation. Secondary Traumatization. "It was a three-day seminar (18 hours of theory and practice) conducted by certified trainers from the MDR Association of Ukraine. At the end of the seminar, all specialists received certificates.

### 5) Collaboration with partner veteran organizations.

Throughout the project's duration, in addition to sharing project information, we conducted several meetings with partner organizations to introduce them to the "Rehabilitation Assistance Program for Former Military and Their Families Affected by the Ongoing Armed Conflict in Ukraine." Here is a list of the organizations with which our project coordinator had in-person or online meetings:

- CF "Assistance to ATO veterans" Phoenix, "
- NGO "Women's Veteran Movement."
- Center for Assistance to Combatants
- NGO "Veterans' Union of ATO Soldiers" Drohobychchyna "
- Veterans' Hub Dnipro.
- Department of Social Protection of Lviv.

### 6) Renovation of a Room for Disabled Veterans.

A thorough evaluation of the renovation work was conducted, ensuring that all repair tasks complied with established standards. Thanks to this project, we were able to create the first living space with an attached bathroom specifically designed for individuals with disabilities in Nazareth.

7) Codependency Support Group.

In August, we initiated a support group for codependents. This group included eight family members of veterans who were undergoing addiction rehabilitation. The therapy program extended over three months and was conducted online. The program included group sessions held twice a week and individual, self-guided work in therapeutic workbooks.

- 8) Was purchased the necessary technical equipment for the blind military for his better socialization.
- 9) Providing food support for internally displaced persons (IDPs).

Since the onset of the full-scale invasion, we have acquired provisions that enabled Nazareth to sustain 163 individuals for a month.

10) During the project, a therapeutic group on self-help "Military - Military" was formed.

#### 2. Quantitative indicators:

During the project implementation, the project involved:

- 23 veterans who benefited from the addiction rehabilitation service;
- 8 veterans who received psychological support;
- 8 wives of veterans who completed a codependency course;
- 1 veteran who received technical equipment;
- 23 professionals who enhanced their skills through a training seminar;
- 163 IDPs who received shelter and food.

In total, 226 individuals were involved in the project.

### Dissemination of Information about the Project

Throughout the project's duration, we provided consistent information support. We published a heartfelt and candid article authored by participants who underwent rehabilitation at Nazareth last year. This article was widely shared on all Nazareth and Caritas Ukraine platforms. Caritas Ukraine initiated an information post on Facebook to announce the project's commencement, which we then shared across all our communication channels. Additionally, Nazareth ran a paid Facebook advertisement inviting veterans to join the project. To reinforce the project's impact and address the psychosocial well-being of veterans, we produced several videos featuring veterans sharing their personal experiences.

# Media Support of the Project

Date	Platform:	Active link
June 15,	FB/website	https://www.facebook.com/nazaret.org.ua/posts/pfbid0JRSV7y
2021		UZRLfwHYa1N5tFRdauZfvBHSA7Ze3HUcFMNNfsHopei1P
		RoAHr48mX1Xm6l
July 8,	FB/website	https://www.facebook.com/caritasukraine/posts/pfbid0NdxhnW
2021		grCZQLSMyhxAvEqkpa83HgGETxkBtbsVv6n5H2BMiiE5jZ
		FudCZHXzscFR1
August 25,	FB/website	https://www.facebook.com/Caritas.Kolomyya.UGCC/posts/pfbi
2021		d02JNVQKHCUvbXKy7w7EasRXPL2aCzroFyNCQxzrVvvZ
		GAUScBxDkXipPhjoYJX4bBBl

August 30, 2021	FB/website	https://l.facebook.com/l.php?u=https%3A%2F%2Fdyvys.info% 2F2021%2F06%2F17%2Fna-shlyahu-do-novogo-zhyttya-yak- ukrayinski-veterany-likuyutsya-vid- zalezhnosti%2F%3Ffbclid%3DIwAR20VYsxb_Op3AXUBh9I AiYInXvvzH3Y3KCx_fNK1JepLnvJ5BKfNpCTy4g&h=AT3 WBB8yCpFMRJ33Ja5KqT67HBsuIYGG2RxJFXOwS- Wz76TNtAaCunsYlX4RARniIIlhIjoGCvD7EozWOdRfij2MZ n98B2BdWyhb6XNYhr8WMgVL57LCjhoKXGS1pu9jnJKndP p6ZJYCrv0
November 1, 2021	FB/website	https://www.facebook.com/nazaret.org.ua/posts/pfbid02x56Uq 6W4jm8e3oPgzV4bBJKaNvrj7vZBTco3w9FJ74zM1iikUJCLC pXBT8ZB2HAel?mibextid=YxdKMJ
December 15, 2021	FB/website	https://www.facebook.com/caritasukraine/posts/pfbid0DnnMzB BsnpoxcPkkdHvPFd8Wn6876F2cYXGguuspdMGCyRXjMiFr yGY4DkEjNEavl?mibextid=YxdKMJ
March 7, 2022	FB/website	https://www.facebook.com/nazaret.org.ua/posts/pfbid0rGQF7V Z41NtuVDLejggpTwHAoaUq2sUDrCoF3sme41si7PoyQU8q mgdSuY3ckEoHl
May 30, 2022	FB/website/Youtu be	https://l.facebook.com/l.php?u=https%3A%2F%2Fcutt.ly%2Fe JaHiQK%3Ffbclid%3DIwAR0sLJSyI4zxRaff7dlzZ5cM8KL86 fsryz0tscEzCVS4qIokAF4pJxtzOI4&h=AT17UkcoCWMzO4K YxJb bXpkum7L hKyIuSAQt4pnXVCiQEHHNiWuignSk7L YgUIXllg3GeTtupxSNBett OFpXYZclQ63g6njAHK0mLHlY ype-ucZrhHFbgeR5IxShCjTneAD7dU4slFl4
July 3, 2022	FB/website	https://www.facebook.com/nazaret.org.ua/posts/ pfbid02sruEsvuzuWTtbHegt91GpxwLyinhUko2JpPxfXnoBa3 xGAz78hXQfZnLs3w6cXecl?mibextid=YxdKMJ
September 22, 2022	FB/website	https://www.facebook.com/nazaret.org.ua/posts/pfbid02HR7yE XYkEoCZQro5EV3JXnh4GrmkE6c8r5NXuJGR8VKw3WYF XAw2QmcPxLyBHBDhl
December 17, 2022	FB/website	https://www.facebook.com/nazaret.org.ua/posts/pfbid0ogM592 YiRpJKAt7ptTUs85HmQGdt62WASHJebwNSy8Bp8ZQDAv Y5PasvFkpctK2pl

In prayer,

Head of the Nazareth Charitable Foundation Ihor Kozankevych